

***Nursing Assisting A Foundation in Caregiving 4th
edition Dugan Test Bank***

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Chapter 1: The Nursing Assistant in Long-Term Care

Multiple Choice. Choose the correct answer.

1. Long-term care is offered in
 - (A) Hospitals
 - (B) Adult day services facilities
 - (C) Skilled nursing facilities
 - (D) Ambulatory surgical centers
2. Residents in _____ are usually more independent and do not need skilled care.
 - (A) Acute care facilities
 - (B) Assisted living facilities
 - (C) Subacute care facilities
 - (D) Hospice facilities
3. Which of the following types of health care is generally for people who will die in six months or less?
 - (A) Long-term care
 - (B) Outpatient care
 - (C) Inter-generational care
 - (D) Hospice care
4. _____ is a federal health insurance program for people who are 65 years of age or older or people of any age with permanent kidney failure or certain disabilities.
 - (A) Medicare
 - (B) Medicaid
 - (C) Occupational Safety and Health Administration
 - (D) Health and Human Services
5. _____ is a medical assistance program for people who have low income or disabilities.
 - (A) Medicare
 - (B) Medicaid
 - (C) Department of the Treasury
 - (D) Committee on the Budget
6. Medicare will pay for
 - (A) All care requested by the recipient
 - (B) All care requested by the doctor
 - (C) All care requested by the facility
 - (D) Care that it determines to be medically necessary
7. The amount that Medicare and Medicaid will pay long-term care facilities for services is based on
 - (A) The resident's background
 - (B) The resident's need upon admission and throughout his stay
 - (C) The size of the facility
 - (D) The financial contributions from the resident's family
8. The residents with the longest average stay in long-term care facilities are
 - (A) Residents admitted for terminal care
 - (B) Residents admitted for rehabilitation or temporary illness
 - (C) Residents who are developmentally disabled
 - (D) Residents who have dementia
9. A disorder in which a person has a serious loss of mental abilities, including the ability to think, remember, and reason, is known as
 - (A) A terminal illness
 - (B) Dementia
 - (C) Heart disease
 - (D) Chronic disorder
10. Which of the following is a typical task that nursing assistants perform?
 - (A) Administering medication
 - (B) Bathing a resident
 - (C) Changing sterile dressings
 - (D) Giving tube feedings
11. Which of the following is a task that nursing assistants do not perform?
 - (A) Shaving a resident
 - (B) Inserting tubes into a resident's body
 - (C) Helping a resident with toileting needs
 - (D) Caring for equipment
12. Professionalism is related to
 - (A) How a person behaves at home
 - (B) How a person behaves at work
 - (C) How well a person performs on tests
 - (D) How a resident behaves in a facility

13. A resident has purchased a special gift for her nursing assistant (NA). Which of the following would be the best response by the nursing assistant?
 - (A) The NA should refuse the gift but thank the resident for thinking of her.
 - (B) The NA should refuse the gift and let the resident know her employer is very unfair about employees accepting gifts from residents.
 - (C) The NA should accept the gift if the resident will keep it confidential.
 - (D) The NA should accept the gift and thank the resident for thinking of her.
14. One example of professional behavior by nursing assistants when working with residents is
 - (A) Keeping all resident information confidential
 - (B) Sharing funny stories about coworkers with the residents
 - (C) Giving gifts to favorite residents
 - (D) Asking residents for advice about personal problems
15. Which of the following is the best example of how a nursing assistant is demonstrating that she is dependable?
 - (A) The nursing assistant shows an interest in others and their problems.
 - (B) The nursing assistant performs tasks that she does not know how to do so she does not bother her supervisor.
 - (C) The nursing assistant avoids excessive absences from work.
 - (D) The nursing assistant respects an individual's background and beliefs.
16. To hold oneself accountable means to
 - (A) Admit mistakes and apologize for them
 - (B) Always speak positively about situations and people
 - (C) Be able to work with people of many different backgrounds
 - (D) Care about the problems of others
17. What does the term *empathetic* mean?
 - (A) Empathetic means being alert around others.
 - (B) Empathetic means being able to document accurately.
 - (C) Empathetic means identifying with and understanding the feelings of others.
 - (D) Empathetic means taking responsibility for one's own actions.
18. Which of the following is part of proper personal grooming by a nursing assistant?
 - (A) Bathing once every other day
 - (B) Applying perfume daily
 - (C) Keeping hair neatly tied back away from the face
 - (D) Wearing polished artificial nails to work
19. The best type of jewelry for an NA to wear to work is
 - (A) A broach
 - (B) A watch
 - (C) A bracelet
 - (D) A necklace
20. The most important member of the care team is
 - (A) The nurse
 - (B) The nursing assistant
 - (C) The physician
 - (D) The resident
21. Which member of the care team assesses residents, monitors progress, and gives treatments and medication?
 - (A) The nurse
 - (B) The nursing assistant
 - (C) The medical social worker
 - (D) The registered dietitian
22. Which member of the care team has the most direct contact with the residents?
 - (A) The nursing assistant
 - (B) The nurse
 - (C) The physician
 - (D) The activities director

23. The chain of command is
- (A) A legal term meaning a person can be held responsible for harming someone else
 - (B) The person in charge of the department for each shift
 - (C) The line of authority in a facility
 - (D) The department that a nursing assistant goes to if he wants to report a problem
24. In which type of nursing care does the registered nurse give much of the daily care to the residents?
- (A) Facility nursing
 - (B) Team nursing
 - (C) Primary nursing
 - (D) Functional nursing
25. What is one possible negative result of the functional nursing style of care?
- (A) There are too many tasks to be completed effectively.
 - (B) Nursing assistants may not be adequately trained for their tasks.
 - (C) Staff may overlook changes in a resident's condition.
 - (D) Residents may get tired of seeing the same care team members every day.
26. Which of the following is associated with person-centered care?
- (A) Nursing staff decide what a resident needs.
 - (B) A resident's personal preferences and individual choices are promoted.
 - (C) All residents are treated the same way.
 - (D) Nursing assistants make sure that all residents participate in the same activities.
27. A policy is
- (A) A course of action that should be taken every time a certain situation occurs
 - (B) A specific method of doing something
 - (C) The chain of command within the facility
 - (D) Another term for a state inspection of a healthcare facility
28. Which of the following would be the best response by a nursing assistant if he forgets how to perform a procedure?
- (A) The NA should review the steps of the procedure in the procedure manual.
 - (B) The NA should perform the procedure anyway, knowing the correct order will come to him.
 - (C) The NA should check online for instructions on how to perform the procedure.
 - (D) The NA should ask the resident for a reminder on how to perform the procedure.
29. What would be the best response by a nursing assistant if a surveyor asks her a question?
- (A) The NA should answer honestly and to the best of her ability.
 - (B) The NA should offer suggestions for making improvements in the facility.
 - (C) The NA should refuse to answer any questions until her supervisor is present.
 - (D) The NA should make up an answer if she does not know the answer to the question.

Chapter 2: Ethical and Legal Issues

Multiple Choice. Choose the correct answer.

1. Which of the following statements is true of ethics?
 - (A) Ethics are rules set by the government to protect people.
 - (B) Ethics are the knowledge of what is right and wrong.
 - (C) Misdemeanors are examples of ethics.
 - (D) Ethics do not apply to healthcare workers.
2. Which of the following statements is true of criminal laws?
 - (A) They protect society from harmful people or organizations.
 - (B) They relate to resolving disputes between individuals.
 - (C) They include any crime which is not a felony.
 - (D) They are the code of proper behavior and courtesy in a certain setting.
3. Which of the following is an example of professional and ethical behavior by a nursing assistant?
 - (A) Keeping quiet if he makes a mistake
 - (B) Documenting care accurately and promptly
 - (C) Telling his friend details about the residents he works with
 - (D) Rushing a resident through tasks if there is not much time left in the nursing assistant's shift
4. Which of the following is an example of unprofessional behavior by a nursing assistant?
 - (A) Graciously accepting a gift from a favorite resident
 - (B) Reporting all abuse or suspected abuse of residents
 - (C) Coming to work every day on time
 - (D) Being positive, pleasant, and tactful
5. A code of ethics revolves around
 - (A) Getting tasks done as quickly as possible
 - (B) Controlling costs in the facility
 - (C) Valuing residents and giving ethical care
 - (D) Sharing opinions and personal values with residents
6. An example of ethical behavior by a nursing assistant is
 - (A) Keeping a resident's information confidential
 - (B) Not telling anyone when a mistake is made
 - (C) Pretending to be a nurse in order to get residents to be more cooperative
 - (D) Letting a resident know that the nursing assistant is having a bad day
7. The Omnibus Budget Reconciliation Act (OBRA) was passed as a response to
 - (A) Lack of funding for long-term care facilities
 - (B) Reports of abuse and poor care in long-term care facilities
 - (C) Complaints from long-term care facility staff about resident behavior
 - (D) Nursing assistants being unable to pass competency examinations
8. How many hours of training does OBRA require for nursing assistants?
 - (A) At least 150 hours
 - (B) At least 100 hours
 - (C) At least 75 hours
 - (D) At least 50 hours
9. Which of the following behaviors promotes Residents' Rights?
 - (A) Deciding which clothing a resident should wear if she takes too long to decide for herself
 - (B) Letting residents know when they are eating too slowly
 - (C) Providing privacy during all care procedures
 - (D) Restricting visitors for uncooperative residents
10. Which of the following behaviors violates Residents' Rights?
 - (A) A nursing assistant tells stories about her favorite residents to her family.
 - (B) A nursing assistant helps a resident resolve a complaint.
 - (C) A nursing assistant informs a resident in advance about a change of roommate.
 - (D) A nursing assistant encourages a resident to choose her clothing for the day.

11. _____ means purposefully causing physical, mental, emotional, or financial pain or injury to someone.
 - (A) Abuse
 - (B) Assault
 - (C) Battery
 - (D) Malpractice
12. Threatening to harm a resident if he tells another caregiver about a problem is an example of which type of abuse?
 - (A) Physical abuse
 - (B) Psychological abuse
 - (C) Financial abuse
 - (D) Substance abuse
13. Negligence is
 - (A) Threatening to touch a person without permission
 - (B) Touching a person without permission
 - (C) Actions or the failure to act or give care to a person, resulting in unintended injury
 - (D) Insulting, humiliating, or treating a person as a child
14. If a nursing assistant sees or suspects that a resident is being abused, he must
 - (A) Report it at once to his supervisor
 - (B) Confront the abuser
 - (C) Try to stop the abuse himself
 - (D) Call the resident's family to inform them
15. Which of the following is considered a sign of abuse?
 - (A) Missing teeth or hair
 - (B) Ripped clothing
 - (C) Pressure ulcers
 - (D) Unanswered call lights
16. Which of the following is considered a sign of neglect?
 - (A) Burns shaped in certain ways
 - (B) Weight loss
 - (C) Changing doctors frequently
 - (D) Wearing makeup to hide injuries
17. Which of the following is a step taken when a nursing assistant is suspected of abuse?
 - (A) A meeting of staff members and residents is held so that everyone can discuss the problem.
 - (B) The nursing assistant continues to work while the investigation is being completed.
 - (C) The name of the resident or staff member who reported the abuse is announced so opinions can be gathered.
 - (D) The nursing assistant is suspended immediately and an investigation is completed.
18. Which of the following is an ombudsman's responsibility?
 - (A) Helping with resident care procedures
 - (B) Assisting with resolving staff disputes
 - (C) Investigating and resolving resident complaints
 - (D) Organizing outings and activities for residents
19. With whom may a nursing assistant share a resident's health information?
 - (A) Anyone who asks
 - (B) Anyone who lives or works at the facility
 - (C) The resident's friends and family
 - (D) Other care team members
20. One reason that the Health Insurance Portability and Accountability Act (HIPAA) was passed was to
 - (A) Make sure nursing assistants receive adequate health insurance coverage
 - (B) Protect privacy of health information
 - (C) Ensure that care procedures are performed properly
 - (D) Prevent abuse and neglect of residents
21. Which of the following is the best way for a nursing assistant to keep residents' health information confidential?
 - (A) Discuss a resident's information away from the facility so that other residents cannot hear it
 - (B) Bring family and friends to the facility to meet the residents
 - (C) Return charts to their proper place after use
 - (D) Post updates about favorite residents on her Facebook page to avoid being overheard

22. A legal document that allows a person to decide what kind of medical care he wishes to have if he is unable to make those decisions himself is called a(n)
- (A) Will
 - (B) Advance directive
 - (C) CPR
 - (D) Power of attorney
23. What is the purpose of the Patient Self-Determination Act (PSDA)?
- (A) To offer in-service training for nursing assistants
 - (B) To keep protected health information (PHI) private
 - (C) To encourage people to make decisions about advance directives
 - (D) To detail how abuse should be reported
24. Which of the following is an example of an advance directive?
- (A) Last Will and Testament
 - (B) Power of Attorney
 - (C) Divorce Decree
 - (D) Durable Power of Attorney for Health Care