

***Empowerment Series Social Work with Groups 10th
edition Zastrow Test Bank***

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TRUE/FALSE

1 : Social work is the profession that has the responsibility and mandate to provide social services.

A : true

B : false

Correct Answer : A

2 : There are many other professional and occupational groups working in the field of social welfare.

A : true

B : false

Correct Answer : A

3 : At times every social worker is a researcher.

A : true

B : false

Correct Answer : A

4 : The ecological model approach to assessing and changing human behavior arose in reaction to the historical notion that the emotionally disturbed were possessed by demons, were mad, and were to be blamed for their disturbances.

A : true

B : false

Correct Answer : B

5 : Economic justice is an ideal condition in which all members of a society have the same basic rights, protection, opportunities, obligations, and social benefits.

A : true

B : false

Correct Answer : B

6 : Social casework services are provided by nearly every social welfare agency that provides direct services to people.

A : true

B : false

Correct Answer : A

7 : Community organization involves the systematic evaluation of a policy and the process by which it was formulated.

A : true

B : false

Correct Answer : B

8 : In social work, the term administration is often used synonymously with management.

A : true
B : false

Correct Answer : A

9 : Participants in group work usually have emotional, interactional, or behavioral difficulties.
A : true
B : false

Correct Answer : A

10 : The aim of policy analysis is to stimulate and assist the local community to evaluate, plan, and coordinate efforts to provide for the community's health, welfare, and recreation needs.
A : true
B : false

Correct Answer : B

11 : The Educational Policy and Accreditation Standards (EPAS) contains 21 core competencies.
A : true
B : false

Correct Answer : B

12 : Multiple personality disorder is an example of a personality disorder listed by the American Psychiatric Association.
A : true
B : false

Correct Answer : B

13 : Per EPAS, social workers apply their understanding of social, economic, and environmental justice to advocate for human rights at the individual and system levels.
A : true
B : false

Correct Answer : A

14 : The skills, knowledge, and values needed for effective social work practice with groups are very similar to the skills, knowledge, and values needed for effective social work practice with individuals, families, organizations, and communities.
A : true
B : false

Correct Answer : A

15 : In the broker role, a worker is involved in intervention in disputes between parties while remaining neutral, to help them find compromises, reconcile differences, or reach mutually satisfactory agreements.
A : true
B : false

Correct Answer : B

MULTIPLE CHOICE

16 : A generalist social worker has skills in working with which of the following client systems?

A : Individual

B : Groups

C : Communities

D : All of these are correct

Correct Answer : D

17 : A social worker is a _____.

A : psychologist

B : change agent

C : physician

D : therapist

Correct Answer : B

18 : Robertos two sons belong to the local Boy Scouts troop, which is considered a _____ program.

A : social welfare

B : public assistance

C : school social service

D : community-subsidized

Correct Answer : A

19 : Social workers handle _____ social and personal problems faced by people.

A : highly specific

B : approximately 8-10 narrowly defined

C : approximately 3-5 narrowly defined

D : a variety of

Correct Answer : D

20 : Su-Yun is a social worker in an urban school in Boston. She primarily works with at-risk teens whose families are below the poverty level. These teens are considered at risk for engaging in criminal behavior. Su-Yun decides to create a program at her school that gives teens a variety of ways in which they can avoid starting (or continuing) down a negative path for example, she creates an anonymous counseling hotline and makes arrangements for a local youth club to stay open later hours on the weekends to give students a place to hang out. Su-Yuns efforts are an example of _____.

A : option planning

B : a public assistance program

C : recreational therapy

D : psychiatry

Correct Answer : A

21 : In the _____ role, a worker helps individuals or groups to articulate their needs, clarify and identify their problems, explore resolution strategies, select and apply a strategy, and develop their capacities to deal with problems more effectively.

- A : advocate
- B : enabler
- C : empowerer
- D : initiator

Correct Answer : B

22 : A(n) _____ seeks basic institutional change; often the objective involves a shift in power and resources to a disadvantaged group.

- A : empowerer
- B : activist
- C : enabler
- D : negotiator

Correct Answer : B

23 : According to a systems perspective, _____ suggests that living systems seek a balance to maintain and preserve the system.

- A : equifinality
- B : homeostasis
- C : negative entropy
- D : wholeness

Correct Answer : B

24 : From the 1920s to the 1960s most social workers used a _____ model approach to assessing and changing human behavior.

- A : medical
- B : systems
- C : situational
- D : psychological

Correct Answer : A

25 : An irrational fear of spiders is an example of a(n) _____ disorder.

- A : neurocognitive
- B : disruptive
- C : anxiety
- D : depressive

Correct Answer : C

26 : The ecological model conceptualizes a clients problems as a result of

- A : traumatic early experiences that cause emotional fixations and prevent future psychological growth.
- B : the influence of genetics on individual functioning.
- C : utilizing classifications of mental disorders to diagnose individuals.
- D : dysfunctional transactions between people and their physical and social environments.

Correct Answer : D

27 : Which of the following is NOT a major goal of social work practice, according to the National Association of Social Workers?

A : Link clients with systems that provide resources, services, and opportunities.

B : Promote the effective and humane operation of systems that provide resources and services.

C : Pursue policies, services, and resources through advocacy and social or political actions that promote social and economic justice.

D : Develop and improve social policy.

Correct Answer : C

28 : The strengths perspective takes into consideration

A : the upper limits of the capacity to grow and change.

B : collaboration with clients.

C : lack of resources in the environment.

D : the deficiencies of the individual or group as a whole.

Correct Answer : B

29 : _____ is a procedure to plan, seek, and monitor services for a variety of agencies and staff on behalf of a client.

A : Negotiation

B : Education

C : Case management

D : Group work

Correct Answer : C

30 : The Educational Policy and Accreditation Standards, or EPAS, includes areas of competency for social workers. These standards include a focus on which of the following?

A : Ethical behavior

B : Policy practice

C : Diversity

D : All of these are correct

Correct Answer : D

ESSAY

31 : Define the terms social work and social welfare. Describe the relationship between social work and social welfare.

Correct Answer : Answers will vary.

32 : Explain the differences between a medical model approach and the ecological approach to assessing and changing human behavior. Evaluate the advantages and disadvantages of each model.

Correct Answer : Answers will vary.

33 : The Council of Social Work Education (CSWE) identified knowledge, skills, values, and cognitive and affective processes that accredited baccalaureate and masters degree programs are mandated to convey to social work students. The content that BSW and MSW programs are required to provide students is summarized in nine competencies. Identify one of the competencies and explore what that competency means to you as both a student and a future social worker.

Correct Answer : Answers will vary.