

***Theory Practice and Trends in Human Services 6th
edition Neukrug Test Bank***

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TRUE/FALSE

1 : Jane Addams established Hull House.

A : true

B : false

Correct Answer : A

2 : The origins the counseling profession were largely responsible for todays emphasis on a systems approach to understanding clients.

A : true

B : false

Correct Answer : B

3 : The main impetus for the establishment of human service programs had more to do with the need to help people with moral guidance than anything else.

A : true

B : false

Correct Answer : B

4 : Ethical codes are the same as legal requirements.

A : true

B : false

Correct Answer : B

5 : The Crisis Counseling Program of the Federal Emergency Management Agency promotes resilience, empowerment, and recovery.

A : true

B : false

Correct Answer : A

MULTIPLE CHOICE

6 : For many years, _____ was the treatment of choice for mental illness. After a paradigm shift took place, it was recognized that this approach should not be the treatment of choice in many cases.

A : medicine

B : existential therapy

C : cognitive therapy

D : psychoanalysis

Correct Answer : D

7 : Who dismissed the notion that evil spirits were responsible for emotional ills and suggested what some today might consider modern ways of treating individuals with emotional problems?

A : Plato

B : Aristotle

C : Hippocrates
D : St. Thomas Aquinas

Correct Answer : C

8 : Who believed that introspection and reflection were the keys to understanding knowledge and reality?

A : Plato
B : Hippocrates
C : St .Olof
D : St. Thomas Aquinas

Correct Answer : A

9 : Which of the following were known as two of the first experimental psychologists?

A : Galton and Wundt
B : Wundt and Freud
C : Freud and Rogers
D : G. Stanley Hall and Wundt

Correct Answer : A

10 : Which of the following individuals founded the American Psychological Association (APA) more than 100 years ago?

A : Sir Francis Galton
B : G. Stanley Hall
C : Freud
D : Rogers

Correct Answer : B

11 : Almshouses were:

A : safe places to hold ones weapons.
B : shelters for the poor.
C : mental hospitals.
D : insane asylums.

Correct Answer : B

12 : Which is not true of the Poor Laws of 1601?

A : It created Charity Organization Societies and friendly visitors for the poor.
B : They provided relief to the poor and were overseen by the Church.
C : They provided a model for social welfare programs in the United States.
D : They were established under King Henry VIII in England.

Correct Answer : A

13 : One of the main differences between the settlement movement and Charity Organization Societies (COSs) was:

A : COSs were developed in the 19th century and settlement houses in the 20th century.
B : COSs provided trained licensed therapists, settlement houses provided volunteers.
C : COSs had volunteers that would enter poor districts and offer aid while the settlement movement had volunteers who would live with the poor.

D : COSs provided counseling; the settlement movement provided monetary aid.

Correct Answer : C

14 : Social casework:

A : arose out of the work from Charity Organization Societies.

B : was originally conceived of by the church.

C : has been shown to be ineffective.

D : was the initial brainchild of psychologist Virginia Satir.

Correct Answer : A

15 : Who was responsible for emphasizing a greater systems focus to the human services field?

A : Jane Addams

B : Virginia Satir

C : Anna Read

D : Dorothea Dix

Correct Answer : B

16 : Mary Richmond was:

A : an early experimental psychologist.

B : one of the first to establish a social work training program.

C : one of the founders of the human services profession.

D : an individual who struggled to change conditions in mental hospitals.

Correct Answer : B

17 : This initiative by President Lyndon Johnson provided most of the legislation that created the funding for many social service programs.

A : The creation of the National Institute of Mental Health

B : Civil rights legislation initiative

C : The Great Society

D : The Community Mental Health Centers Act

Correct Answer : C

18 : What was (were) the major influence(s) of the 1960s that increased the need for trained human services professionals?

A : Passing of a number of civil rights laws

B : Widespread bitter turmoil over the Vietnam War

C : Growing unrest within the inner cities

D : All of the answers are correct.

Correct Answer : D

19 : Who is considered the founder of the human service field?

A : Frank Parsons

B : Carl Rogers

C : Harold McPheeters

D : Sigmund Freud

Correct Answer : C

20 : An organization responsible for the accreditation of human service programs and to establish credentialing for human services is:

- A : CSHSE
- B : ACA
- C : CORE
- D : NOHSE

Correct Answer : A

21 : Which of the following is a benefit of program accreditation?

- A : Graduates of such a program receive waivers of some of the requirements needed for credentialing.
- B : Only accredited programs allow their students to go on to get licensed.
- C : Only programs that are accredited qualify for both state and federal subsidies.
- D : Faculty members who teach in accredited programs usually have better job security.

Correct Answer : A

22 : Which credential was designed to ensure minimum competence in the human service field as well as standing as a mark of the professionals maturity?

- A : HS-BCP
- B : NFHS
- C : RDCHS
- D : NAHSD

Correct Answer : A

23 : Which of the following has been critical to the development of accreditation standards and in the credentialing process of human service providers?

- A : The CACREP doctrine
- B : The Skill Standards
- C : The APA ethical code for treatment providers
- D : The ACA training requirements

Correct Answer : B

24 : From a(n) _____ perspective, it is important for helpers to be careful that they do not develop compassion fatigue/vicarious traumatization syndrome as a result of working in high stress and underpaid circumstances.

- A : wellness
- B : biopsychosocial
- C : independence
- D : autonomy

Correct Answer : A

25 : Once Marshall completes his training and becomes certified in human services, which of the following should he expect to do?

- A : Conduct individual and group psychotherapy on a weekly basis
- B : Supervise up and coming service providers
- C : Participate in ongoing learning opportunities to keep up with changes in the field
- D : Teach undergraduate students who also want to be human service professionals

Correct Answer : C

MATCHING

26 : Matching

A : Carl Rogers

B : Jane Addams

C : Sigmund Freud

D : Wilhem Wundt

E : Frank Parsons

F : Franz Mesmer

G : Alfred Binet

H : Mary Richmond

I : Harold McPheeters I

J : Dorothea Dix

K : Aristotle

L : Kuhn

A : Established Hull House; Social activist with progressive ideas

B : Paradigm Shift

C : Developed humanistic and nondirective counseling

D : One of the first experimental psychologists

E : Developed the first individual intelligence test

F : Humane treatment of the mentally ill

G : 1st social work training program at Columbia University

H : Practiced a new phenomena called hypnosis

I : First Psychologist

J : Originator of psychoanalysis

K : Founder of human services

L : Founder of vocational guidance

Correct Answer :

A : C

B : A

C : J

D : D

E : A11

F : H

G : E

H : G

I : K

J : F

K : I

L : B