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CHAPTER 2: TEST BANK

1. _____ presented reflections on the human condition that were to greatly change the Western world's view of the person.
    a. Socrates
    b. Mohammed
    c. Hippocrates
    d. Buddha

    Answer C **Page 32**

2. During the 1940s and 1950s an increased emphasis on understanding the dynamics of social and family _____ emerged.
    a. Cases
    b. Practices
    c. Methods
    d. Systems

    Answer D **Page 34**

3. The NASW (National Association of Social Work) was created in:
    a. 1955
    b. 1965
    c. 1975
    d. 1985

    Answer A **Page 34**

4. _____ was considered the first psychologist because he used objectivity and reason to study knowledge and his writings were psychological in nature.
    a. Hippocrates
    b. Socrates
    c. Aristotle
    d. Augustine

    Answer C **Page 35**

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5. _____ and Sir Francis Galton developed laboratories to examine similarities and differences in responses by individuals to sensory experiments as they attempted to understand how responses to external stimuli we related to the mind.
    a. Sigmund Freud
    b. Wilhelm Wundt
    c. James Cattell
    d. William James

    Answer B **Page 35**

6. _____'s views on mental health and mental illness were revolutionary.
    a. Sigmund Freud
    b. William James
    c. Wilhelm Wundt
    d. Ivan Pavlov

    Answer A **Page 36**

7. In 1892 the American _____ Association was founded as an association mostly of experimental psychologists.
    a. Psychometric
    b. Psychological
    c. Psychotherapy
    d. Psychiatric

    Answer B **Page 36**

8. The field of _____ has affected the counseling profession more than any other related mental health profession.
    a. Social Work
    b. Guidance
    c. Psychology
    d. Psychiatry

    Answer C **Page 37**

9. _____ is considered the founder of American psychiatry.
    a. Phillipe Pinel
    b. Sigmund Freud
    c. Benjamin Rush

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d. William James

Answer C **Page 37**

10. There was a great expansion of the use of psychotropic medications in which decade?
    a. 1920s
    b. 1950s
    c. 1930s
    d. 1940s

Answer B **Page 38**

11. The purpose of the _____is to provide uniform criteria for making clinical diagnoses thereby enhancing agreement among clinicians.
    a. Diagnostic and Statistical Manual of Emotional Disorders
    b. Diagnostic and Statistical Manual of Psychological Disorders
    c. Diagnostic and Statistical Manual of Mental Disorders
    d. Diagnostic and Statistical Manual of Physical Disorders

Answer C **Page 38**

12. Paralleling the rise of the vocational guidance movement was the _____ movement.
    a. Testing
    b. Guidance
    c. Counseling
    d. Reform

Answer A **Page 40**

13. The founder of guidance in America was _____.
    a. Sigmund Freud
    b. Frank Parsons
    c. Carl Jung
    d. Jane Adams

Answer B **Page 42**

14. Vocational Guidance was first used in _____.
    a. Hospitals

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b. Mental institutions
c. Prisons
d. Schools

Answer D **Page 42**

15. During World War I some of the first crude tests of _____ were used on a large-scale basis.
    a. Mental status
    b. Ability
    c. Intelligence
    d. Achievement

Answer B **Page 43**

16. In 1908 Clifford Beers, a Yale graduate who had been hospitalized for years due to schizophrenia wrote _____.
    a. A Beautiful Mind
    b. A Trip through Time
    c. A Mind that Found Itself
    d. The DSM

Answer C **Page 45**

17. E. G. Williamson developed what is considered to be the first comprehensive theory of counseling in which decade?
    a. 1930s
    b. 1940s
    c. 1950s
    d. 1960s

Answer A **Page 45**

18. The five steps of the Trait and Factor Approach included the following (in order):
    a. Analysis, Synthesis, Counseling, Diagnosis, Follow Up
    b. Analysis, Synthesis, Diagnosis, Counseling, Follow Up
    c. Diagnosis, Synthesis, Analysis, Counseling, Follow Up
    d. Analysis, Diagnosis, Synthesis, Counseling, Follow Up

Answer B **Page 45**

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19. _____ was a humanistic psychologist who had a dynamic impact on the field of counseling in the first half of the twentieth century.
    a. Sigmund Freud
    b. Phillipe Pinel
    c. William James
    d. Carl Rogers

Answer D **Page 46**

20. The *National Defense Education Act* was a federal legislation passed in the _____ that led to a dramatic increase in school counselors.

    a. 1940s
    b. 1950s
    c. 1960s
    d. 1970s

Answer B **Page 46**

21. The 1960s was a decade of expansion, acceptance and diversification of the counseling profession largely as the result of _____.
    a. Legislation
    b. Accreditation
    c. New theories
    d. Existential Approaches

Answer A **Page 47**

22. The 1970s saw the deinstitutionalization of tens of thousands of patients in state mental hospital who had been _____.
    a. Improperly diagnosed
    b. Held against their own will
    c. A threat to national security
    d. In danger of harming themselves

Answer B **Page 48**

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23. State licensure of counselors had its beginnings in 1976, when _____ became the first state to offer licensing for counselors.
    a. Washington
    b. Texas
    c. Michigan
    d. Virginia

    Answer D **Page 50**

24. The 1990s saw an increased emphasis on the importance of _____ issues in counseling.
    a. Ethical
    b. Social
    c. Physical
    d. Emotional

    Answer A **Page 51**

25. Since the year 2000, the following issue has gained importance in the counseling profession:
    a. Certification and Licensure
    b. Cross-Cultural Counseling and Advocacy
    c. Evidence-Based Practice
    d. All of the Above

    Answer D **Page 52-54**

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