Profession of Dietetics 7th edition Canter Test Bank

SKU: 9781284200188-TEST-BANK

Multiple Choice

1. Which definition of "dietetics" most closely aligns with the profession as practiced today?
A. The application of education, training, and/or experience in dietetics/nutrition, including situations outside of "traditional" dietetics practice
B. The scientific study of food preparation and intake
C. The science applying nutritional principles to the planning and preparation foods and regulation of the diet in relation to both health and disease
D. The application of dietetics/nutrition education and training in a healthcare setting

Answer: A
H-1: What is Dietetics?
Subject: Chapter 1
Rationale: Answers B and C are considered early definitions of dietetics and are inadequate for defining today's profession. Answer D limits dietetics to healthcare settings, which again, is too restrictive for today's dietetics practice in multiple areas. Therefore, A is the correct answer as it covers both traditional and non-traditional aspects of dietetics practice.

2. Which of the following is a characteristic of dietetics that makes it a profession?
A. It is a part of the healthcare field.
B. A college degree is required.
C. The starting salary is above minimum wage requirements.
D. There is a specialized body of knowledge.

Answer: D
H-1: How is Dietetics a Profession?
Subject: Chapter 1
Rationale: There are five characteristics that qualify dietetics as a profession. Of the possible answers listed, answer D is the only one of the five: dietetics is a profession because it has a specialized body of knowledge.

3. Requirements to become a NDTR differ from those for an RDN in which of the following ways?
A. Only the RDN credential requires passing a national, written exam.
B. Supervised practice experience is required for both the NDTR and RDN credentials.
C. An NDTR can be credentialed through an associate degree program.
D. The RDN title has a prescribed academic program.

Answer: C
H-1: What is a Nutrition and Dietetics Technician, Registered?

Profession of Dietetics 7th edition Canter Test Bank

Subject: Chapter 1
Rationale: Answer A is incorrect because both the NDTR and RDN credentials require passing a national, written examination. Answer B is incorrect because currently a graduate of a DPD program can sit for the NDTR exam without documenting supervised practice hours. Answer D is incorrect because both individuals pursing either credential must complete a prescribed academic program. Thus, the correct answer is C. The NDTR credential is the only dietetics credential that can currently be granted with completion of just an associate degree program.

4. A demographic profile of current dietitians would include the fact that:
A. about half are female.
B. the median age is 32.
C. half of all RDNs hold a master's degree.
D. the median number of years of experience is 10.

Answer: C
H-1: Who Are Dietitians?
Subject: Chapter 1
Rationale: Answer A is incorrect because 95% of dietetics professionals are female. Answer B is incorrect as the median age is 41. Answer D is incorrect as the median number of years of experience is 12. Thus, the correct answer is C. Fifty percent of RDNs hold a master's degree.

5. In the Model for Dietetic Practice, all of the following are considered Foundation Knowledge, *except*:
A. Physical Sciences.
B. Nutrition Care Process.
C. Genetics.
D. Physiology.

Answer: B
H-1: What Is a Nutrition and Dietetics Technician, Registered?
Subject: Chapter 1
Rationale: In Figure 1-4 Model for dietetic practice, answers A, C, and D are listed as Foundation Knowledge. Answer B, Nutrition Care Process, is considered a Skill.

6. In which area of dietetics practice do most RDNs work?
A. Community
B. Food and Nutrition Management
C. Clinical Nutrition – Acute Care/Inpatient
D. Clinical Nutrition – Ambulatory Care

Profession of Dietetics 7th edition Canter Test Bank

Answer: C
H-1: Where Do Dietetics Professionals Work and What Do They Do?
Subject: Chapter 1
Rationale: According to Table 1-1, the highest percentage of RDNs (40%) work in Clinical Nutrition – Acute Care/Inpatient settings. Thus, Answer C is the correct answer.

7. In which area of dietetics practice do most NDTRs work?
A. Clinical Nutrition – Long-Term Care
B. Clinical Nutrition – Acute Care/Inpatient
C. Food and Nutrition Management
D. Community

Answer: B
H-1: Where Do Dietetics Professionals Work and What Do They Do?
Subject: Chapter 1
Rationale: According to Table 1-1, the highest percentage of NDTRs (42%) work in Clinical Nutrition – Acute Care/Inpatient settings. Thus, Answer B is the correct answer.

8. Which of the following is a factor affecting salary ranges and fees of dietetics professionals?
A. Region of the country
B. Employment setting
C. Scope of responsibility
D. All of these are correct.

Answer: D
H-1: What Is the Salary Range for RDNs and NDTRs?
Subject: Chapter 1
Rationale: According to the 2019 Compensation and Benefits Survey of the Academy of Nutrition and Dietetics, salary ranges and fees vary by region of the country, employment setting, scope of responsibility, and supply and demand. Thus, Answer D is the correct answer.

9. What is the median annual income in the United States for RDNs who have been working in a position for at least 1 year?
A. $45,800
B. $52,500
C. $68,000
D. $72,000

Answer: C
H-1: What is the Salary Range for RDNs and NDTRs?

Subject: Chapter 1
Rationale: According to the 2019 Compensation and Benefits Survey, the median annual income in the United States for RDNs who have been working at least 1 year is $68,000. Thus, Answer C is the correct answer.

10. Of the following areas of dietetics practice, which tends to have the highest salaries?
A. Clinical nutrition
B. Consultation and business
C. Community nutrition
D. Long-term care

Answer: B
H-1: What is the Salary range for RDNs and NDTRs?
Subject: Chapter 1
Rationale: The highest paying practice areas for RDNs are consultation and business, food and nutrition management, education, and research. The lowest paying areas are clinical nutrition, community nutrition, and long-term care. Thus, Answer B, Consultation and Business, is the correct answer.

True/False

11. “An obligation for service to the client that overrides personal considerations” is one of the characteristics that qualifies dietetics as a profession.

Answer: True
H-1: How is Dietetics a Profession?
Subject: Chapter 1
Rationale: There are five main characteristics of dietetics practice that qualify it for professional status. “An obligation for service to the client that overrides personal considerations” is one of those five. Thus the correct answer is A.

12. All nutritionists are registered dietitians.

Answer: False
H-1: What Is a Registered Dietitian Nutritionist?
Subject: Chapter 1

Rationale: “All registered dietitians are nutritionists, but not all nutritionists are registered dietitians.” This means that almost anyone can use the title “nutritionist” with little or no training in the field. Thus, the correct answer is B.

13. The titles RD and RDN are synonymous.

Answer: True
H-1: What Is a Registered Dietitian Nutritionist?
Subject: Chapter 1
Rationale: “There is no difference between a registered dietitian (RD) and a registered dietitian nutritionist (RDN). The Academy of Nutrition and Dietetics and the Commission on Dietetic Registration have given RDs the option to use RDN because it highlights expertise in nutrition which may be a more understandable term to the public than just ‘dietitian.’” Thus the correct answer is A.

14. According to the U.S. Bureau of Labor Statistics, the employment of dietitians and nutritionists is projected to grow 11% from 2018 to 2028.

Answer: True
H-1: What Are Some of the Current Issues Facing Dietetics Practice?
Subject: Chapter 1
Rationale: “This is an exciting time to be a food and nutrition professional. According to the U.S. Bureau of Labor Statistics, the employment of dietitians and nutritionists is projected to grow 11% from 2018 to 2028, almost twice as fast as the average 5% for all occupations.”

15. Medicare now covers medical nutrition therapy for all nutrition-related diagnoses.

Answer: False
H-1: What Are Some of the Current Issues Facing Dietetics Practice?
Subject: Chapter 1
Rationale: “The public’s growing interest in nutrition, health, and prudent lifestyles will continue to increase demand. In addition, Medicare now covers for renal and diabetic patients.”

Fill-in-the-Blank

Profession of Dietetics 7th edition Canter Test Bank

16. A(n) _____ is a professional who has been licensed by a specific state to ensure competence of a dietitian nutritionist.

Answer: Licensed Dietitian (LD) or Licensed Dietitian Nutritionist (LDN)
H-1: What Is a Registered Dietitian Nutritionist?
Subject: Chapter 1
Rationale: Many states have regulatory laws that either require or permit dietitians to be licensed if they wish to practice as a RDN in that state. A licensed dietitian (LD) or licensed dietitian nutritionist (LDN) is a professional who has been licensed by a specific state to ensure competence.

17. _____ are educated and trained at the technical level of nutrition and dietetics practice for the delivery of safe, culturally competent, quality food and nutrition services.

Answer: Nutrition and Dietetics Technician, Registered or NDTRs
H-1: What Is a Nutrition and Dietetics Technician, Registered?
Subject: Chapter 1
Rationale: "The Academy of Nutrition and Dietetics provides this definition of the NDTR: 'NDTRs are educated and trained at the technical level of nutrition and dietetics practice for the delivery of safe, culturally competent, quality food and nutrition services. They are nationally credentialed and are an integral part of healthcare and foodservice management teams. They work under the supervision of a registered dietitian nutritionist when in direct patient/client nutrition care; and they may work independently in providing general nutrition education to healthy populations."

18. RDNs must complete _____ hours of continuing education every 5 years to maintain their RDN credential.

Answer: 75
H-1: What is a Registered Dietitian Nutritionist?
Subject: Chapter 1
Rationale: "An RDN has completed the required academic training and supervised practice program and has successfully passed the national credentialing exam. Additionally, RDNs must complete 75 hours of continuing education every 5 years and some must be licensed in the state where they work."

Matching

19. The seal of the Academy of Nutrition and Dietetics contains a number of specific items, each of which is symbolic of the practice of dietetics. Match the item with the significance it holds for the profession.
1. Balance scale
2. Caduceus
3. Shaft of wheat
4. Cooking vessel
5. Cornucopia
6. Acanthus leaves

A. Abundant food supply
B. Growth and life
C. The relationship between dietetics and medicine
D. The scientific foundation of dietetics
E. Cooking and food preparation
F. Bread as the staff of life

Answer: 1-D, 2-C, 3-F, 4-E, 5-A, 6-B
H-1: What Is Dietetics?
Subject: Chapter 1
Rationale: At the center of the professional association seal are images representing the three main characteristics of the profession: (1) a balance, representing science as the foundation of dietetics; (2) a caduceus, representing the close relationship between dietetics and medicine; and (3) a cooking vessel, representing cooking and food preparation. Surrounding these are a shaft of wheat, representing bread as the staff of life; acanthus leaves, representing growth and life; and a cornucopia, representing an abundant food supply.

Profession of Dietetics 7th edition Canter Test Bank