

***Ethics and Decision Making in Counseling and
Psychotherapy 4th edition Cottone Test Bank***

SKU: 9780826171719-TEST-BANK

ETHICS AND DECISION MAKING IN COUNSELING AND PSYCHOTHERAPY

Fourth Edition

Robert Rocco Cottone, PhD
Vilia Tarvydas, PhD, LMHC, CRC

Copyright © 2016 Springer Publishing Company, LLC

All rights reserved.

This work is protected by U.S. Copyright laws. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission of Springer Publishing Company, LLC, except for educational purposes. Dissemination or sale of any part of this work is not permitted.

Springer Publishing Company, LLC

11 West 42nd Street

New York, NY 10036

www.springerpub.com

ISBN: 978-0-8261-7206-8

The author and the publisher of this Work have made every effort to use sources believed to be reliable to provide information that is accurate and compatible with the standards generally accepted at the time of publication. The author and publisher shall not be liable for any special, consequential, or exemplary damages resulting, in whole or in part, from the readers' use of, or reliance on, the information contained in this book. The publisher has no responsibility for the persistence or accuracy of URLs for external or third-party Internet websites referred to in this publication and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

CHAPTER 1

MULTIPLE CHOICE

1. Lemmy runs a small mental health clinic in a rural area. He has not had much previous training in treating posttraumatic stress disorder (PTSD). However, several families in his area recently experienced a traumatic event and he is the only psychologist within 100 miles. Lemmy is concerned about his competency to treat the clients and is experiencing an ethical dilemma. What is the most pertinent reason for the conflict?
- a. There are competing or conflicting ethical standards that apply
 - b. There is a conflict between what is ethical and moral
 - c. The situation is such that complexities make application of ethical standards unclear
 - d. Rules that govern a professional's behavior are clearly stated

Answer: c

2. Which of the following are possible actions that can be taken against a professional's licensure? Choose all that apply.
- a. Imprisonment
 - b. Abandonment
 - c. Revocation
 - d. Reinstatement

Answer: c

3. To which of the following groups can ethical standards be applied?
- a. Psychologists
 - b. Social workers
 - c. Professional counselors
 - d. All of the above

Answer: d

4. Which of the following groups typically sets ethical professional standards?
- a. Professional organizations, like the American Psychological Association
 - b. Government organizations, like Congress
 - c. Nonprofit organizations, like the American Red Cross
 - d. Private companies, like Microsoft

Answer: a

5. Brittany is a licensed professional counselor. She broke the confidentiality of several of her clients, violating an ethical standard repeatedly. As a result her license is taken away for 6 months. Which term best describes the action taken against Brittany?
- a. Abandonment
 - b. Revocation
 - c. Reinstatement
 - d. Suspension

Answer: d

6. How would you define philosophical ethics?
- a. Laws about what is acceptable behavior
 - b. Theories about what is acceptable behavior
 - c. Theories about philosophy
 - d. Social standards

Answer: *b*

7. Which of the following terms in philosophy relates to the application of ethical principles?
- a. Principality
 - b. Legality
 - c. Morality
 - d. Municipality

Answer: *c*

8. Mark is a mental health counselor. As a member of the American Counseling Association, he has agreed to follow their ethical code. Which of the following terms best applies to his obligation?
- a. Philosophical ethics
 - b. Legally mandated ethics
 - c. Morality
 - d. Professional mandated ethics

Answer: *d*

9. Which of the following concepts concerns an individual's ability to apply his or her professional license to further obtain licenses in multiple states?
- a. Portability
 - b. Accountability
 - c. Responsibility
 - d. Transferability

Answer: *a*

10. James is a social worker. An ethical code of his professional organization is that he must not establish a sexual relationship with a client. Which term best describes this ethical standard?
- a. Aspirational
 - b. Mandatory
 - c. Goal-oriented
 - d. Existential

Answer: *b*

11. Shaheedra is a counselor. She tries to follow the ethical principle of "do no harm." She also is required by ethical professional standards to do no harm. Which term best describes this ethical standard?
- a. Aspirational
 - b. Mandatory
 - c. Goal-oriented
 - d. Existential

Answer: *b*

12. Which of the following credentials is often pursued as a step beyond licensure, which ensures a professional

meets the standards that are expected by the profession, or more likely a specialty?

- a. Revocation
- b. Reinstatement
- c. Certification
- d. Objectification

Answer: c

13. Said is a clinical psychologist. He attempts to prescribe medications, even though he is not licensed to do so. Which of the following best describes Said's actions?

- a. Operating within the scope of practice
- b. Operating outside the scope of practice
- c. Operating at the upper limits
- d. Operating at the lower limits

Answer: b

14. A local university is undergoing a review of the nature, intent, and quality of its psychology program. Which term best describes this process?

- a. Licensure
- b. Certification
- c. Accreditation
- d. Suspension

Answer: c

15. Counselors should do no harm to their clients. Which term best characterizes the statement that counselors should do no harm?

- a. Beneficence
- b. Nonmaleficence
- c. Justice
- d. Veracity

Answer: b