

***Assessment Procedures for Counselors and Helping
Professionals 9th edition Sheperis Test Bank***

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PART ONE The Principles of Assessment

Chapter 1: Introduction to Assessment

Introduction

What Is Assessment?

- The Purposes of Assessment

- Multiple Methods and Multiple Sources

- The Assessment Process

- Competencies Required for Assessment

Historical Perspectives

Assessment and Technology

- Computer-Based Assessment

- Internet-Based Assessment

Controversial Issues in Assessment

Summary

Moving Forward

Questions for Discussion

Suggested Activities

References

Multiple Choice Questions

1. Which of the following statements is the most accurate?
 - a. Assessment begins after the first face-to-face meeting with a client.
 - b. Assessment occurs only in the first meeting with a client.
 - c. Assessment occurs throughout the course of the helping relationship.
 - d. All of the above.
2. In addition to tests, professionals may also gather client information from:
 - a. interviews
 - b. observations
 - c. collateral sources
 - d. all of the above
3. Which statement is correct?
 - a. Assessment is only one part of the overall testing process.
 - b. Testing is only one part of the overall assessment process.
 - c. Testing integrates test information with information from other sources.
 - d. None of the above
4. _____ is a quick process, usually involving a single procedure of instrument.
 - a. Screening
 - b. Testing
 - c. Assessment
 - d. Psychological evaluation
5. Assessment involves selecting and utilizing _____ of data collection.
 - a. multiple observations
 - b. multiple tests
 - c. multiple methods
 - d. multiple techniques

6. A client is assessed to determine a course of outcome that would improve his or her concerns or problems. In this situation, the purpose for assessment is:
 - a. screening
 - b. identification and diagnosis
 - c. intervention planning
 - d. progress and outcome evaluation
7. The first and most important step in the assessment process is to:
 - a. determine if the client is suitable for services
 - b. screen the client for potential problems and concerns
 - c. identify the client's problems to be addressed and the reason for assessment
 - d. none of the above
8. Identify the correct order of the steps of the assessment process:
 - a. select and implement assessment methods; identify the problem; evaluate the assessment information; report assessment results and make recommendations
 - b. identify the problem; select and implement assessment methods; evaluate the assessment information; report assessment results and make recommendations
 - c. identify the problem; evaluate the assessment information; select and implement assessment methods; report assessment results and make recommendations
 - d. select and implement assessment methods; evaluate the assessment information; identify the problem; report assessment results and make recommendations
9. One of the first scales to differentiate between children who could or could not function in a regular classroom was developed by:
 - a. Binet
 - b. Otis
 - c. Simon
 - d. Thorndike
10. Complaints about test use include all **EXCEPT**:
 - a. Testing is an invasion of privacy.
 - b. Tests are gender-biased and use inappropriate language, examples, and illustrations.
 - c. Tests are culturally biased; they are unfair and discriminate against minority groups.
 - d. Tests do not demonstrate a master of competencies; we must always rely on grades and diplomas.
11. Testing began:
 - a. Around 2000 years ago
 - b. Around 500 years ago
 - c. Around 100 years ago
 - d. Around 50 years ago
12. The first major personality assessment was also developed for use during:
 - a. World War I
 - b. World War II
 - c. The Vietnam War
 - d. The Gulf War
13. In recent years, the prevailing political philosophy in the United States has changed from:
 - a. a liberal to a more conservative orientation
 - b. humanistic-based approaches to competency-based approaches
 - c. low accountability in education to high accountability in education
 - d. all of the above

14. Early interest in measuring intelligence dates back to the late 19th century when _____ applied Darwin's evolutionary theory to attempt to demonstrate a hereditary basis for intelligence.
- Binet
 - Galton
 - Cattell
 - Simon
15. The first group intelligence test used in the United States military service was the:
- Armed Forces Qualification Test
 - Armed Services Vocational Aptitude Battery
 - Army Alpha Test
 - Army Beta Test
16. Which of the following are advantages to using computer administered assessment instruments?
- Increased delivery
 - Potential time savings
 - The ability for items to be adapted or tailored based on the test taker's response to a previous item
 - All of the above
17. The primary purpose of _____ is to gather background information about the client relevant to the reason for assessment.
- tests
 - observations
 - interviews
 - collateral sources
18. _____ is an assessment method that involves watching and recording the behavior
- of an individual in a particular environment.
 - Testing
 - Observation
 - Interviewing
 - Reviewing records

Essay Questions

- Define the term "assessment," and compare and contrast the four general purposes of assessment.
- Identify and describe the three broad categories of assessment "methods." Explain the purpose of using multiple methods in assessment as opposed to a single assessment instrument.
- Compare and contrast formal assessment instruments and informal assessment instruments/strategies and provide three examples of each.
- List and describe each of the four steps of the assessment process.
- Trace the history of psychological and educational assessment from ancient time to the present.

TEST BANK ANSWER KEY

CHAPTER 1

1. c
2. d
3. b
4. a
5. c
6. c
7. c
8. b
9. a
10. d
11. a
12. a
13. d
14. b
15. c
16. d
17. c
18. c